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Toolbox Parenting

Police Vetting information and Consent Forms to be returned to school as soon as possible for all parents interested in supporting with school events, e.g. camps, trips.



Reminder: text follow lumsdenschool to 8987 so that you will receive immediate text notification of alerts and reminders via our twitter account (e.g. snow days, cancellations).

LUMSDEN SCHOOL

Newsletter Issue 11 - May 12th 2017

Dear School Friends and Families

I hope you've been enjoying your favourite duck recipes! Apologies for the change of info. around the Mid Dome Cross Country date (previously advertised as happening May 26, when in fact next Friday, **May 19**). Thanks to those of you who have returned forms to us about transport. We'd appreciate the return of any more by Monday (15th).



I've been reading a bit lately about 'growth' vs 'fixed' mindsets. It's really important that we nurture our children's growth mindsets so that they learn from mistakes, are motivated to succeed, take on challenges and demonstrate resilience. Here's a snippet I found which

shows how we can help the change from a fixed mindset to a growth one, which may be of interest:

Step1.

Learn to hear your fixed mindset "voice." As you approach a challenge, that voice might say to you "Are you sure you can do it? Maybe you don't have the talent." "What if you fail—you'll be a failure" "People will laugh at you for thinking you had talent." "If you don't try, you can protect yourself and keep your dignity." As you hit a setback, the voice might say, "This would have been a snap if you really had talent." "You see, I told you it was a risk. Now you've gone and shown the world how limited you are." "It's not too late to back out, make excuses, and try to regain your dignity." As you face criticism, you might hear yourself say, "It's not my fault. It was something or someone else's fault." You might feel yourself getting angry at the person who is giving you feedback. "Who do they think they are? I'll put them in their place." The other person might be giving you specific, constructive feedback, but you might be hearing them say "I'm really disappointed in you. I thought you were capable but now I see you're not."

Step 2.

Recognize that you have a choice. How you interpret challenges, setbacks, and criticism is your choice. You can interpret them in a fixed mindset as signs that your fixed talents or abilities are lacking. Or you can interpret them in a growth mindset as signs that you need to ramp up your strategies and effort, stretch yourself, and expand your abilities. It's up to you. So as you face challenges, setbacks, and criticism, listen to the fixed mindset voice and...

Step 3.

Talk back to it with a growth mindset voice. As you approach a challenge: THE FIXED-MINDSET says "Are you sure you can do it? Maybe you don't have the talent." THE GROWTH-MINDSET answers, "I'm not sure I can do it now, but I think I can learn to with time and effort." FIXED MINDSET: "What if you fail—you'll be a failure" GROWTH MINDSET: "Most successful people had failures along the way." FIXED MINDSET: "If you don't try, you can protect yourself and keep your dignity." GROWTH MINDSET: "If I don't try, I automatically fail. Where's the dignity in that?" As you hit a setback: FIXED MINDSET: "This would have been a snap if you really had talent." GROWTH MINDSET: "That is so wrong. Basketball wasn't easy for Michael Jordan and science wasn't easy for Thomas Edison. They had a passion and put in tons of effort. As you face criticism: FIXED MINDSET: "It's not my fault. It was something or someone else's fault." GROWTH MINDSET: "If I don't take responsibility, I can't fix it. Let me listen—however painful it is—and learn whatever I can." Then...

Step 4.

Take the growth mindset action. Over time, which voice you heed becomes pretty much your choice. Whether you: take on the challenge wholeheartedly; learn from your setbacks and try again; hear the criticism and act on it is now in your hands. Practise hearing both voices, and practise acting on the growth mindset. See how you can make it work for you.



Great to see so many children getting involved with the lunchtime House Football competition. The Year 6 children have shown great leadership organising this and marshalling the troops!

Have a good weekend

Andrew Watson Principal

Looking Ahead 2017									
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday			
15 Year 6 to Riversdale for Storytelling	16 BOT Meeting	17	18	19 Mid Dome Cross Country, Garston (NB: change of date)	20	21			
22	23	24	25	26 FoLS Coffee and Catch up 2.00 pm	27	28			
29	30	31	1 June	2 Northern Cross Country, Mararoa	3	4			
5 Queen's Birthday	6	7 Stardome Visit	8 Self Defence Course - Yr 3/4 girls	9	10	11			
12 Elgrego Show 1.40 pm	13	14 St John in Schools	15	16	16	18			
19	20 BOT Meeting	21	22	23 "B for Bike" Day	24	25			
26	27	28	29 Bingo Night	30	1 Jul	2			
3	4	5	6	7 End of Term 2	8	9			

Community of Learning Principal Release

Andrew's new Community of Learning co-leadership position commitments will involve two days out-of-school per fortnight. This release will be taken on Wednesdays and Thursdays every second week (even-numbered weeks). Mrs Hailes will be on classroom release to carry out Acting Principal responsibilities on those days.

Lawnmowing Roster

The roster for the next few weeks is:

➤ 20/21 May Hill Family

<u>NB</u>: The key to the mower shed is at the Lumsden Four Square, there is a map of the area to be mown in the mower shed. If the petrol container is empty or low please contact Mackenzie Aitken phone 022 391 3152. If you are unable to mow the lawns on your rostered weekend please organise to swap with another family yourself.

Police Vetting Urgent Reminder for All Parents

Please return Police Vetting Consent Forms to school for all parents interested in supporting with school events, e.g. camps, trips. We would like to get this process underway as soon as possible to ensure this is tidied up well before camps, etc. Also, we have been advised that as from 1 July 2017 a fee of \$8.50 + GST will be implemented by the NZ Police for each vetting. Thanks to those parents who have returned all their information as well as provided their required ID. If you need another copy of forms sent home please contact the office.

<u>NB</u>: If parents wish to be considered for attending **school camp** this year in Dunedin it will be **essential to have been vetted**. The same will soon apply for school day trips and volunteer helpers. A reminder that consent forms can be accessed on the school website under each weeks newsletter. Thank you for your support with this.

Absences

If your child will not be attending school please let the school know before 9.00 am. This procedure of following up on absences is put in place to ensure students safety.

Methods of notifying us are:

- · Absence form on website (www.lumsden.school.nz)
- · Telephone 248 7474
- · Sending a note with a family member.

Change of Clothes

Please send a change of clothes along with children who are going to be playing on the field at interval or lunch time. Thanks.

FOLS Update:

Outcome from FOLS AGM last night all officer bearers remain the same with the addition of Holly McBride taking up Vice chairperson role.

Chairperson Jan McFadzien
 Secretary Beks Ware
 Treasurer Belinda McKain

Upcoming activities that FOLS are involved with:

- ➤ Coffee and Catch up 26th May 2.00 pm, pop along to the staff room, for a cuppa before assembly.
- > Staining of wooden fence 10th June, fence will be cleaned and then PD workers are staining on the 10th June weather permitting.
- ▶ B for Bike day. 23rd June. Sausage sizzle, come dressed as anything that begins with the letter "B". More details to come.
- ➤ Bingo night Thursday 29th June. More details to follow, if anybody interested in being the "Caller" or knows of somebody that would help out please let the school or myself know. Please consider helping on the night, even if it's just for a small time.

FOLS a aiming to raise around \$5000 this year for new colourful interactive library shelving, so if you have any Fundraising ideas or are willing to help please consider attending the next meeting in August or contact any of the committee members, many hands make light work!.

Next FOLS meeting is during the day, 2nd August in school staff room 1.30 pm.

Thanks from everyone

Jan

New Zealand Speech Board Tuition Opportunity

There is an opportunity for children to have speech lessons through Speech New Zealand from Term 3 onwards. This involves tuition and NZ Speech Board exams. The Syllabus areas to develop children's ability to express themselves with clarity, confidence and courtesy in personal, social and public situations. Tuition fees will be covered by parents, ranging from \$15 to \$20 per session (depending on group size).

Please let us know within the next few weeks if you'd be interested in your child participating. If there is sufficient interest from parents, we would run sessions during school time, otherwise there may still be the opportunity for parents to arrange sessions privately with the tutor (Annette Dalziel) here after school on a Thursday.

Give me a call if you'd like more information about this.

Music Lessons

Enrolments are being taken for Term 2 each Thursday in:

- Guitar (Acoustic)
- Ukulele (Soprano or Concert)
- Drums (Kit available at school)
- Guitar and ukulele \$5/20 minute session plus \$4 travel.
- Drums \$7/30 minute session plus \$4 travel.

U.K. based syllabus – 'Rockschool' is available in graded books including backing tracks. Inquiries please contact Dean Ashby 021 130 9026, email dean_ashby@hotmail.com Facebook - @ashbyschoolofmusicincrockschool

Mother's day coming up.....entertainment membership a fabulous idea to treat her throughout the year

Pre-order an Entertainment membership for 2017/2018 and get early bird value, plus 20% of your order goes towards our fundraising efforts. The School Library is in need of new shelves to better display books.



Both the traditional books and digital memberships for your smartphone are available. Books will be available to pick from school reception soon and online ordering and payment is available at www.entertainmentbook.co.nz/orderbooks/26143w9

Contact Trish Gill for further information: trishy.mike@gmail.com or 021 0243 2741. Thank you for your support!

Bible in Schools

Please note that school is officially closed during this time and parents are responsible for supervising any children not attending Bible in Schools with the exception of some bus children. Donations towards the cost of books for the children who attend Bible in Schools would be much appreciated. The approximate cost for each child is \$7.50. Please send any donations along to school in a named envelope. We can then forward these on to the LBK Presbyterian Church who provide the books. Thanks to those families who have already sent their donations.

Wheels Day Action!

Mid Dome Cross Country Transport

Any children needing a ride to Garston on Friday need to return their slip on Monday please.

Football Results:

9th Grade: A tough game against Thistle Small Whites, 0-12. POD: Oscar Adams

10th Grade: A massive win against Winton, 12-0. POD: Boston Palmer

4wd Fundraiser 19 May: Help Please

The Northern Southland Community Pool Trust is providing 10 4wd vehicles on Friday 19th May for 1 hour from 3.30pm to transport 4 persons each across farm tracks on the Baird property between Mulhollands gully and the Jollies, as part of a Perendale Association tour. We have 5 volunteer people/vehicles already and seek another 5 enthusiastic people who might find this trip interesting anyway... so be in quick! Ph or text Jules Adams 021523267.

EDUCATOR/SESSION SUPPORT PERSON - Lumsden Playcentre

The position is for 2 sessions per week – Monday and Tuesday mornings. Successful applicant needs to hold a relevant Early Childhood or Playcentre Qualification, **Minimum Course 3.** Current First Aid certificate preferred and Police Vetting required before commencement. For full details contact administrator@playcentresouthland.co.nz Applications Close: Friday 2nd June 2017.

Northern Southland College Young Farmers Club are holding a Quiz Night on Friday the 9th of June

At the Northern Southland College Hall. Start time 6:30pm,
Teams of four \$24.

To register please contact Kane Graham on ph. 027 376 7547 Josh Bennett on ph. 03 2016339







Thank you for helping fundraise for the NSC Young Farmers Club.



Build a great family team and have fun on the way!



The Early Years

0-6 years These are the most important years in your child's development! Learn how to lay the building blocks for a great future.

The Early Years covers:

- · Parent types
- Developmental stages
- · Tools for engaging cooperation
- Discipline
- Making memories
- · Being the parent your child needs

575 per person or \$110 per couple for each six week group. Subsidies eveilable

- Small group course with a trained facilitator
- Six sessions per course
- Tailored to your needs

Toolbox courses are free to foster carers, whanou caregiven, adopten, grandparents raking grandchildren, and Home for Life parents thanks to government funding. We are also able to offer free training for participants withing to become Toolbox facilitation.

WHEN: THURSDAY EVENINGS 1st June to 6th July 7.30 - 9.30 pm

WHERE: Northern Southland Community Resource Centre 11 Hero Street, Lumsden

To REGISTER contact: Katrina Ritani - Southland Parenting Place coordinator
Email: southland@theparentingplace.com MOB: 027 841 7763
PLEASE NOTE SUBSIDIES ARE AVAILABLE - PLEASE ENQUIRE!

positive a practical a fun Book online at the parenting place.com





Police Vetting Volunteers

Dear Parents

The Vulnerable Children's Act now imposes new responsibilities to the Board of Trustees with ensuring the safety of our children at school. To ensure we are complying with the requirements of the Vulnerable Children Act and to ensure the safety of our children the Board is <u>requesting permission</u> to Police Vet any person working or volunteering at Lumsden School or with Lumsden School children in any capacity e.g. parent helper, coach, overnight camps, day outings, clubs, driving children to events or any other activity where those volunteers are likely to have (or could have) unsupervised contact with students.

We <u>request</u> that any parent/caregiver/volunteer who may wish to help as parent helper, coach, on overnight camps, day outings, clubs, driving children to events or any other activity as part of Lumsden School's programs completes and returns page 2, signs the applicant authorization on page 3 of the attached document then returns these to school. Also please provide 2 forms of ID e.g passport, birth certificate, firearms licence, driver's licence; one of these must be photographic. The ID can be shown to Sharon or I. This will allow us to be prepared before specific events. These are valid for 3 years. We will keep a record of all parents/caregivers/volunteers who have been police checked and this will be updated as required.

Police Vetting is a responsibility of the Board of Trustees and is undertaken through the New Zealand Police Licensing and Vetting Service Centre.

All information received will be confidential to the Lumsden School Board of Trustees.

Only the requestor - the Principal - will open the returned information.

Please read the attached application carefully, complete page 2 then sign and date the "consent to disclosure" on page 3, then return this to the school office with the documents required.

Please note these steps are being taken as advised as being good practice as per the Vulnerable Children's Act 2014 with the safety of our children as the main priority.

Please feel free to contact me if you have any queries.

Andrew and Lumsden School Board of Trustees



Vetting Service Request & Consent Form

Name of Approved Agency submitting vetting request: Lumsden School						
	-4.4-		ulata aud			
*Denotes a mandatory field		com	ipiete and	return to Ap	proved Agenc	У
Personal Information						
Details (note: the name you *Family name (Primary):		ost co	mmonly know	n by is your prima	ry name)	
Given name(s):						
*Gender:	(M)	(F)	(Other)		*Date of birth: (dd/mm/yyyy)	
*Place of birth: (Town/state/country)						
NZ Driver Licence number:						
Previous names: If applicab previous/maiden/name cha	le, plea	se inc	clude other ali	as or alternate nar	mes; married name i	f not your primary name;
Family name	nus/maiden/name changed by deed poll or statutory declaration. Middle name Middle name		Middle names			
Permanent Residential Add	ress					
*Number/Street:						
Suburb:					Post Code:	
*City/Town/ Rural District:						



Vetting Service Request & Consent Form

Section 3: Applicant to complete and return to Approved Agency

Consent to release information

- The New Zealand Police may release any information they hold if relevant to the purpose of this vetting request.
 This includes:
 - Conviction histories and infringement/demerit reports
 - Active charges and warrants to arrest
 - Charges that did not result in a conviction including those that were acquitted, discharged without conviction, diverted or withdrawn
 - Any interaction I have had with New Zealand Police, including family violence incidents, and investigations that did not result in prosecution
 - Information subject to name suppression where that information is necessary to the purpose of the vet.
- If I am eligible under the Criminal Records (Clean Slate) Act 2004, my conviction history will not be released unless:
 - Section 19(3) of the Clean Slate Act applies to this request (exceptions to the clean slate regime)
 - Section 31(3) of the Vulnerable Children Act 2014 applies to this request (safety checks of core children's workers).

Please see the guide for more information regarding the Clean Slate legislation.

- The Police Vetting Service may disclose new relevant information to the Approved Agency after the completion of the Police Vet in the following circumstances:
 - The vetting request was submitted as part of a children's worker safety check under the Vulnerable Children
 Act 2014; and
 - The Police vet was completed within the past three years; and
 - The release of new information is considered justified under the Privacy Act 1993

The Vetting Service will endeavour to notify you prior to the disclosure.

- Information provided in this consent form may be used to update New Zealand Police records.
- I am entitled to a copy of the vetting result released to the Approved Agency (to be provided by the agency) and can seek a correction by contacting the Vetting Service.
- The Approved Agency will securely dispose of this consent form, copies of identification documents and the vetting result within 12 months of receiving the result unless a longer retention period is required by legislation.
- I may withdraw this consent, prior to Police's disclosure of the vetting result, by notifying the Approved Agency.
 For further information, please see the <u>Guide to Completing the Consent Form</u>.

Applicant's Authorisation: ✓ I confirm that the information I have provided in this form relates t	o me and is correct.					
✓ I have read and understood the information above.						
✓ I authorise New Zealand Police to disclose any personal information it considers relevant to my application (as described above) to the Approved Agency making this request for the purpose of assessing my suitability.						
Name:	Date:					
Signature:	Electronic Signature					